OUR ASSOCIATES October 19, 2026

What's your impact, Scott Strohman?

After 25 years at Securian, Scott Strohman is still discovering what he's capable of.

Summary: For 25 years, Scott Strohman has made an impact at Securian by helping others, embracing new challenges and discovering what he's capable of along the way.

Scott works at Securian through Lifeworks, a longtime community partner that supports people with disabilities in finding meaningful employment and building fulfilling careers.



As an OPS Support Office Service Representative, Scott helps ensure important insurance paperwork gets where it needs to go. It's work that makes a difference for the people who rely on Securian's products and services.

His journey hasn't been without change. When the COVID-19 pandemic brought an end to his previous role as a messenger, Scott took on new responsibilities. He found himself learning skills he never imagined he'd need, including how to use a computer.

Today, Scott takes pride in the work he does, the people he helps and how much he's grown. His story is a reminder that sometimes, discovering what we're capable of starts with being willing to try something new.

You've been with Securian for 25 years! What led you to your current role?

Before joining Securian, I worked at Perkins for six and a half years. I've now been at Securian for 25 years and have held two different roles.

I originally worked as a messenger, but when COVID changed how we worked, that role was no longer needed. That brought me into my current position in office services, where I've been for the past six years.

What's a typical day like?

I usually start my day by visiting with my team, grabbing some breakfast and then getting into my statusing work.

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What do you enjoy most about your work?

The ability to help people. That's what I enjoy most about what I do.

What's a challenge you've faced - and how did you handle it?

One challenge I've worked through is learning to type. I used to struggle with typing and would hunt and peck on the keyboard.

I decided to take typing classes to help me learn the keyboard better and become more comfortable using a computer. It's something I've worked hard at improving.

How would you describe your impact on Securian?

I feel like I help a lot of people by making sure their insurance paperwork gets sent out so they can use it to help in their lives.

I also enjoy volunteering and taking part in team events. Being involved and helping others is important to me.

If you could do any other job at Securian, what would it be?

I'm doing it now!

Creating opportunities through Lifeworks

Securian's longstanding partnership with Lifeworks helps create meaningful employment opportunities for people with disabilities.

Through employment support and skill development, Lifeworks helps individuals pursue their goals, build confidence and contribute their strengths in the workplace.

Scott's 25-year career is one example of the opportunities this partnership helps make possible.

What would you tell someone interested in growing a career in your field at Securian?

If you're really interested in doing something, challenging yourself and helping other people, don't be afraid to go for it.

I'd also encourage people to participate in Associate Resource Groups (ARGs). They're another way to get involved and connect with others.

What impact has this role had on you?

My current role has taught me to do things I've never done before. I never thought I would use a computer, and I've amazed myself by learning how to use one.

It's given me more confidence in what I can do. Now, I don't always turn things down just because they're unfamiliar or something I haven't tried before. I've learned not to close the door on everythig before giving it a chance.

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