



Accessibility Guide – Lifeworks Disability Inclusion Breakfast

Lifeworks Disability Inclusion Breakfast

American Swedish Institute – 2600 Park Avenue, Minneapolis, MN 55407

Welcome & Accessibility Commitment

Welcome to the Lifeworks Disability Inclusion Breakfast at the American Swedish Institute. Accessibility is central to inclusion, and our events are designed to welcome everyone.

This guide will help you plan your visit, navigate the space, and know what to expect. If you have questions or need accommodations not listed here, please reach out—we are glad to assist.

Contact Information & Assistance

Before the event:

- Email: contact@lifeworks.org
- Phone: 651-454-2732
- Event webpage: <https://www.lifeworks.org/lifeworks-disability-inclusion-breakfast/>

During the event:

- Accessibility point person: Lisa Jemtrud
- Ask any Lifeworks staff member or volunteer (look for name badges).
- For discreet assistance, visit the registration desk or signal a staff member.

Event Overview & Schedule

Theme: *Accessibility in Action: Real Stories of Disability-Inclusive Change*

This event brings together Minnesota business leaders who are creating workplaces that go beyond compliance to truly include people with disabilities. Through a panel discussion, you'll hear from employers who have turned training and awareness into real, lasting change.

LIFEWORKS.ORG | 6636 Cedar Ave S, Suite 250, Richfield, MN 55423 | 866-454-2732

Lifeworks Services, Inc. is a 501(c)(3) private, nonprofit organization and an equal opportunity employer. This information can be provided in an alternative format upon request.

Whether you're just beginning your disability inclusion journey or looking to deepen your commitment, you'll leave with practical ideas and inspiration.

Who should attend: Everyone is welcome, especially HR leaders, managers, DEIA professionals, and decision-makers who want to strengthen disability inclusion in their workplace.

Tickets: Free. A voluntary \$25 contribution supports the Lifeworks mission. All registrations include breakfast and beverages, with gluten-free and vegan options available.

Schedule:

- **8:30 – 9:00 AM:** Registration, breakfast, networking
- **9:00 – 9:02 AM:** Welcome – Keeri Tramm
- **9:02 – 9:05 AM:** Remarks – Gertrude Matemba-Mutasa
- **9:05 – 9:10 AM:** Topic introduction – Keeri
- **9:10 – 9:45 AM:** Panel discussion, moderated by Keeri
- **9:45 – 10:00 AM:** Panel Q&A
- **10:00 – 10:20 AM:** Table conversations and reflections
- **10:20 – 10:30 AM:** Closing and call to action – Keeri

Accessibility Notes

- ASL interpretation provided for all main programming.
- Captions displayed on-screen for panel and live remarks.
- Dietary accommodations available—please share needs in advance.

Venue Access & Layout – American Swedish Institute

Entrances & Elevators:

- Accessible main entrance located at the northeast corner of the surface parking lot.
- Elevators serve the second floor of the museum to where event is hosted.

Restrooms:

- Wheelchair-accessible restrooms are located on both level 1 and 2 of the museum.
- All-gender and family restroom located on level 1 near FIKA Café.

Photos:



The front entrance connects directly to the surface parking lot. A curb cut in the sidewalk provides smooth access from the accessible parking spaces to the building. The main entrance doors are automatic and wide, ensuring easy entry for wheelchairs, mobility devices, and strollers.



Registration will be located outside Larson Hall on the second floor. The area is spacious, with wide double doors leading directly into the event space. A stairway is nearby, and down the hallway you'll find accessible restrooms and elevators for easy access to all levels of the building.



The main event will take place in Larson Hall, a large, open room with wide walkways between tables. Round tables provide plenty of space for seating and can be adjusted to accommodate mobility devices or personal preferences. Chairs with backs and no arms are available, and additional seating can be moved to meet accessibility needs. The flooring transitions from hard surface to carpet in the seating area, which may be useful for stability and sound reduction. Natural light from high windows brightens the space, and sound will be supported by microphones and speakers to ensure clarity.



Accessible restrooms are available in the Nelson Cultural Center. Each restroom includes wide stalls, grab bars on both sides for support, and a wall-mounted toilet for easier transfers. Automatic sinks and soap dispensers are nearby, and a baby changing station is available for families. The entryway is wide and flat for easy wheelchair access.

Accommodations & Sensory Information

Available accommodations:

- Dietary adjustments for breakfast.
- Seating options for mobility aids or personal preference.
- Wheelchair available for loan at the front desk.

Sensory environment:

- **Lighting:** Natural light plus warm overhead lighting.
- **Sound:** Some background noise before the program; microphones and speakers used throughout.
- **Visual:** Large projection screen with slides and captions.

Parking, Drop-Off, & Transportation

- **Free parking:** Surface lot at 27th Street & Park Avenue. Accessible spaces located near the entrance.
- **Drop-off:** Zone directly at the main entrance. Metro Mobility and ride-share vehicles may stop here.
- **Public transit:** Metro Transit routes 5, 11, 27, and D Line stop within a few blocks. Closest stops: Chicago & 26th Street and 5th Ave S & 26th Street E.
- **Biking:** Bike racks available near the entrance.

Photos:



Free surface parking is available next to the American Swedish Institute. Accessible parking spaces are located along the east side of the lot, nearest to the main entrance. A curb cut and sidewalk provide direct access from the lot to the building's accessible entrance. The lot is flat and well-lit, making it easy to navigate for people using mobility devices.

Emergency & Safety Information

- Ask any Lifeworks staff member or the accessibility point person for help.
- Follow instructions from venue staff in case of emergency.
- Clearly marked exits are located throughout the museum.
- Elevators and ramps are available; staff can assist with evacuation.
- In case of severe weather, staff will guide attendees to shelter.