

# COMMUNITY FIRST SERVICES AND SUPPORT

*Lifeworks*

A nonprofit serving people with disabilities

We are here for you – every step of the way.

**Community First Services and Supports (CFSS)** is a new self-directed service that offers participants living in the community who need help with day-to-day activities more control and choice over their care. **CFSS replaces the Personal Care Assistant (PCA) Choice service and the Consumer Support Grant (CSG).**

## What Stays the Same with CFSS?

- **Service Provider and Caregivers:** You can still work with Lifeworks and your current caregiver when transitioning to CFSS from PCA Choice or CSG.
- **Eligibility:** CFSS has the same eligibility rules based on the MnCHOICES assessment. Participants who qualify for PCA Choice or CSG will be eligible for CFSS.
- **Covered Services:** CFSS offers support for activities of daily living (ADLs), instrumental activities of daily living (IADLs), health-related procedures and tasks, observation, and redirection.
- **Self-Direction:** Participants or their representative will continue to direct their own care.



## What is New with CFSS?

- **Consultation Services:** All CFSS participants will choose a consultation provider to learn about your options with CFSS and to help you write and review your CFSS Service Delivery Plan. Lifeworks is an approved consultation provider; however, you must choose a consultation provider different from your service provider.
- **Budget Model:** Lifeworks provides CFSS using the budget model, which is dollar based instead of unit based. Participants are the employers of their support workers and will recruit, hire, train, and supervise them. As an FMS provider, Lifeworks will ensure compliance with labor laws, processing payroll, obtaining necessary insurances, and more.
  - **For participants transitioning from CSG to CFSS,** budgets will be approximately twice as large unless eligibility changes.
- **Family Members as Support Workers:** In CFSS, a participant's spouse or parent of a minor will be able to provide CFSS services. However, Responsible Parties cannot be staff for a participant.
- **Goods and Services:** CFSS participants will be able to purchase goods and services that reduce the need for human assistance and/or give the participant more independence and control, such as home modifications or laundry service.

## What's Next for Participants?

The transition from PCA Choice and CSG to CFSS will occur during the annual renewal process. During the annual assessment, the assessor will provide information about CFSS including choosing a consultation service provider.

Lifeworks is here to support you throughout this transition. If you have any questions about CFSS, please contact us at **651-454-2732** or **[contact@lifeworks.org](mailto:contact@lifeworks.org)**.

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