



service
innovation

Lifeworks Music Therapy

Innovative therapeutic techniques for achieving
person-centered results

Lifeworks Music Therapy identifies skills and interests while
increasing abilities, health, and wellness.

Components of Lifeworks Music Therapy:

- Singing
- Listening
- Moving
- Playing instruments
- Other creative activities based on the client's interest

Lifeworks Music Therapy can address a variety of disabilities and issues including:

- Neurologic impairments
- Traumatic brain injuries
- Sensory processing issues
- Emotion regulation
- Coping skills
- Anxiety
- Communication impairments
- Challenges with fine and gross motor abilities

Lifeworks Music Therapy can benefit children as well as adults, and is
provided by a board-certified neurologic music therapist at all Lifeworks
locations.

Lifeworks uses proven and cutting edge information and techniques
to customize the best therapeutic experience for each client. Goals and
objectives are individually determined and continuously assessed.

For more information about Lifeworks Music Therapy contact:

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This information can be made available in an alternate format upon request.
Our TTY phone number is 651-365-3736. Equal Opportunity Employer



*Communication devices,
assistive technology,
and sensory tools can
be incorporated into
music therapy sessions.*

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