

## Lifeworks Music Therapy

*Innovative therapeutic techniques for achieving  
person-centered results*

Lifeworks Music Therapy identifies skills and interests while increasing abilities, health, and wellness.

### Components of Lifeworks Music Therapy:

- › Singing
- › Listening
- › Moving
- › Playing instruments
- › Other creative activities based on the client's interest

### Lifeworks Music Therapy can address a variety of disabilities and issues including:

- › Neurologic impairments
- › Traumatic Brain Injuries
- › Sensory processing issues
- › Emotion regulation
- › Coping skills
- › Anxiety
- › Communication impairments
- › Challenges with fine and gross motor abilities

Lifeworks Music Therapy can benefit children as well as adults, and is provided by a board-certified neurologic music therapist at all Lifeworks locations.

Lifeworks uses proven and cutting edge information and techniques to customize the best therapeutic experience for each client. Goals and objectives are individually determined and continuously assessed.

This information can be made available in an alternate format upon request.  
Our TTY phone number is 651-365-3736. Equal Opportunity Employer



Lifeworks clients Bobbi and Ed participating in a music therapy session with Board-certified music therapist Jennie Delisi.

Communication devices,  
assistive technology,  
and sensory tools can  
be incorporated into  
music therapy sessions.

### Contact Information:

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