

# Lifeworks Multi-Sensory Environments

*Innovative spaces designed to alert, stimulate, or calm the senses*

Lifeworks Multi-Sensory Environments address the sensory needs of people with a wide range of disabilities and diagnoses, enabling them to participate more fully in the world around them.

## Goals of Lifeworks Multi-Sensory Environments:

- › Offer innovative sensory options for people of all ages and disabilities, including Autism Spectrum Disorder.
- › Assess and meet the sensory needs of each person at his or her current level.
- › Help to align senses, laying a foundation on which communication can be built.
- › Present environments that allow a person to experience self control and autonomous discovery to reduce tension and enhance self-esteem.
- › Improve individual capability to self-modulate.
- › Increase ability to focus and attend.
- › Enhance communication skills.
- › Decrease negative or harmful behaviors.



*Lifeworks Occupational Therapist Cindy Wagner working with client Shannon.*

## Lifeworks Multi-Sensory Environments are available at the following locations:

Lifeworks Brooklyn Park  
Lifeworks Burnsville  
Lifeworks Eagan  
Lifeworks Hastings  
Lifeworks North Mankato

### Contact Information:

Cindy Wagner, MA, OTR/L  
Occupational Therapist  
Lifeworks Services, Inc.  
651-365-3762  
cwagner@lifeworks.org

## Multi-Sensory Environments may include:

- › Snoezelen solar projector
- › Snoezelen bubble tube
- › Snoezelen light spray
- › Somatron vibroacoustic recliner or mat
- › Eight tone slit-drum bench

An initial trial of our Multi-Sensory Environments is offered at no charge.

## Lifeworks employs a full-time Occupational Therapist and Neurologic Music Therapist

### About Lifeworks

Lifeworks is a nonprofit organization that helps people with disabilities live fuller lives that are integrated into the flow of community experience. We collaborate with employers, volunteers, and government agencies to create expanded opportunities for people with disabilities. To learn more or make a contribution, visit [www.lifeworks.org](http://www.lifeworks.org)

This information can be made available in an alternate format upon request. Our TTY phone number is 651-365-3736. Equal Opportunity Employer



Lifeworks client Jacob interacting with the Snoezelen bubble tube.

Only a few months after Jacob began using the Multi-Sensory Environment, his school teacher saw so much improvement in his interaction with herself and other students that she increased his time spent in the traditional classroom setting.