

Lifeworks Multi-Sensory Environments

Innovative spaces designed to alert, stimulate, or calm the senses

Lifeworks Multi-Sensory Environment are especially beneficial for people with sensory processing difficulties, autism, dementia, chronic pain, and anxiety. Benefits can be noticeable in just 1-3 visits.

Benefits of Lifeworks Multi-Sensory Environments:

- › Reduce sensitivity to noise, textures, and foods
- › Enhance ability to communicate wants and needs
- › Decrease pain and muscle tension
- › Increase ability to relax and lessen anxiety
- › Increase ability to focus
- › Decrease negative or harmful behaviors

Examples of positive results:

- › One child who would not eat cold food, can now eat ice cream
- › A child who could not tolerate running water can now take showers and play in splashing water
- › A child who randomly ran off in public places, now stays with the parent and listens to direction
- › Several children have had fewer outbursts
- › Many children have increased their interaction and engagement with other family members

Lifeworks
A nonprofit serving
people with disabilities



Shannon O'Brien in a Lifeworks Multi-Sensory Environment.

Lifeworks Multi-Sensory Environments are available at the following locations:

Lifeworks Brooklyn Park

Lifeworks Burnsville

Lifeworks Eagan

Lifeworks Hastings

Lifeworks North Mankato

Contact Information:

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Lifeworks Services, Inc.

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Sessions are available for \$41 for a half-hour session through private pay, Consumer Directed Community Supports (CDCS), or Consumer Support Grants (CSG).

About Lifeworks

Lifeworks is a nonprofit organization that helps people with disabilities live fuller lives that are integrated into the flow of community experience. We collaborate with employers, volunteers, and government agencies to create expanded opportunities for people with disabilities. To learn more or make a contribution, visit

www.lifeworks.org

This information can be made available in an alternate format upon request. Our TTY phone number is 651-365-3736. Equal Opportunity Employer



Lifeworks client Jacob interacting with the Snoezelen bubble tube.

Only a few months after Jacob began using the Multi-Sensory Environment, his school teacher saw so much improvement in his interaction with herself and other students that she increased his time spent in the traditional classroom setting.